

CHAMBER IN-TOUCH

MAY 2023



Workshop on Labour Laws for Banking Industry - Speakers from T S Gopalan & CO., Advocates & Notaries



Ms. Rajalakshmi Devaraj, IDAS, Zonal Additional Director General of Foreign Trade, Ministry of Commerce & Industry, Govt. of India, addressing the participants.



Mr. B.N. Vishwas, ITS, Joint Director General of Foreign Trade, Ministry of Commerce & Industry, Govt. of India, Making a presentation on FTP.



Tamil Chamber of Commerce handed over the Chairmanship to The Madras Chamber of Commerce & Industry

Schedule of Programs - May 2023

1

5th May 2023

Meeting of Consultative
Committee of City Chambers
of Commerce (CCCCC)

2

19th May 2023

Session on
Foreign Trade Policy 2023 –
New Initiatives

3

26th May 2023

Workshop on
Labour Laws for
Banking Industry

4

30th May 2023

Virtual Session on
Balance and Bliss :
Mental Health for Middle Age

Committee Meetings

5th May 2023

Meeting of Consultative Committee of City Chambers of Commerce (CCCCC)



The meeting of the CCCCC was held on 5th May 2023. Representatives from Tamil Chamber of Commerce, Hindustan Chamber of Commerce and National Chamber of Commerce attended the meeting. Mr.T.R.Kesavan, President of the Chamber welcomed the members and in the discussion that followed, it was agreed to conduct events that are of common interest to the members of the all the Chambers. The guidelines of CCCCC would be reviewed and terms finalised accordingly.

After the discussions, The Tamil Chamber of Commerce handed over the Chairmanship formally to Mr.T.R.Kesavan, President, MCCI and wished the Chamber to carry forward the activities of CCCCC in the coming year 2023-2024.



29th May 2023

Session on Foreign Trade Policy 2023 – New Initiatives

The Chamber under the auspices of the Logistics Committee organised a session on Foreign Trade Policy 2023 – new initiatives on 19th May 2023 at e hotel, Chennai

Mr. Mr. U.Udayabhaskar Reddy, Chairman, MCCI Logistics Committee welcomed the Chief Guest and the participants.



The Chief Guest Ms. Rajalakshmi Devaraj, IDAS, Zonal Additional Director General of Foreign Trade, Ministry of Commerce & Industry, Govt. of India addressed on the overall perspective of the new Foreign Trade Policy. She informed that with the changing times and the needs, the policy is a continuing policy and the broad principles are incorporated in the policy. The government is recognizing exporters and giving them responsibilities to groom other exporters. The technological advancement and the scope for e commerce exports is huge.

Following her address, Mr. B. N. Vishwas, ITS, Joint Director General of Foreign Trade, Ministry of Commerce & Industry, Govt. of India made a detailed presentation on the technical aspects of the Foreign Trade Policy including amnesty scheme and mercantile trade.

Mr. Ashwin Vijayakumar, Co Chairman, MCCI Logistics Committee moderated the Q and A session and proposed the formal vote of thanks.

The 60+ participants gave a positive feedback.



26th May 2023

Workshop on Labour Laws for Banking Industry



The Chamber under the auspices of the HR/IR Committee organised an exclusive workshop on Labour Laws for Banking Industry on 26th May 2023 at Hotel Raintree Alwarpet, Chennai. M/s. T.S. Gopalan & Co., Advocates and Notaries, was the Knowledge Partner.

There has been a number of legislations which are amended from time to time, including the Labour Laws and procedures. Hence this program was designed exclusively for banking sectors. The issues pertaining to banking industry with regard to disciplinary proceedings, procedures in disciplinary proceedings, proportionality of punishments, engagement of direct and indirect employees, prevention of sexual harassment, legal challenges under the Shops and Establishments Act even in banking industry etc were the main topics covered in the one-day workshop. It was an interactive session and final discussion covered the he various challenges that the banking industry faces with regard to labour laws.

The workshop was attended by 34 senior executives from various banks.


30th May 2023

Virtual Session on Balance and Bliss : Mental Health for Middle Age

The Chamber under the auspices of the Healthcare Committee scheduled a Session on “Balance and Bliss: Mental Health for Middle Age” on 30th May 2023 between 4.00 pm and 5.30 pm through virtual platform.

Considering how much of a role the mental health plays in each aspect of our life, it is important to guard and improve the psychological wellness using appropriate measures. Keeping this aspect, the above-mentioned session focused on the mental health for middle age. Dr. Rema Raghu, Chief Clinical Officer, Buddhi Clinic, Dr. Yamini Kannappan, Senior Consultant and Chief Psychiatrist, Kauvery Hospital and Ms Tinu Thambi, clinical Psychologist, Kauvery Hospital




Session on
Balance and Bliss:
Mental Health for Middle Age

30th May 2023 | 4.00 pm - 5.30 pm
(Virtual)




Topics & Speakers

<p>Stress Unveiled: Shedding Light on its Impact on Mind and Body</p>  <p>Dr. Yamini Kannappan Senior Consultant and Chief Psychiatrist Kauvery Hospital</p>	<p>A Holistic Approach to Mental Health and Wellness</p>  <p>Dr. Rema Raghu Chief Clinical Officer Buddhi Clinic</p>	<p>Mindful Resilience: Tools for Managing Stress and Thriving</p>  <p>Ms. Tinu Thambi Clinical Psychologist, Kauvery Hospital</p>
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Demo on Relaxation Exercises & Breathing Techniques to manage stress

<p>Ms. Anandhi Ranganathan Senior Counseling psychologist, Buddhi Clinic</p>	<p>Dr. Vishnupriya Naturopathy & Yoga Physician Buddhi Clinic</p>
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addressed the 80+ participants. They addressed on stress, its impact on body and mind, benefits of mindful resilience, tools to manage stress and a holistic approach to health and wellness. This was followed by a demo on relaxation exercises and yoga for stress management by expert trainers.



General Committee Meeting

The General Committee meeting was held on 13th May 2023



Other Meetings

Mr.T.R.Kesavan and Ms. Saraswathi took part in the Interaction Meeting with Industry Captains and Corporates on Sports Development Authority of TN – Youth Welfare and Sports Development, GoTN, on 3rd May 2023.

Ms. Saraswathi attended the monthly meeting of the British Business Group at Hotel Taj Club House on 18th May 2023

Ms.K.Saraswathi and Mr.S.Sankaranarayanan made a courtesy visit to welcome Mr. Ravi Ranjan, the new Chief General Manager, Chennai Circle, State Bank of India on 23rd May 2023

